



北卡高中生赴神农架阳日中心 学校支教教学计划（草案）



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北卡高中生千里之行支教项目小组

科目一：文化（Culture）

Taught by: Emily Xu, Jessica Wang

** 5 days worth of content, 40 minutes per period

Lesson 1: Pop culture

BASICS

- Introduce ourselves
 - Name, favorite food
 - Where we are from
- Do an icebreaker activity
 - Have students introduce themselves; say their English name and favorite food
- Introduce America
 - Trump
 - Past famous presidents
 - Flag
 - National anthem
 - Big prestigious colleges

POP CULTURE + FAMOUS PEOPLE

- Famous entrepreneur
 - Elon Musk
- Famous writer
 - Jk Rowling
- Famous athlete
 - Michael Jordan
- Famous singers
 - Justin Bieber
 - Taylor Swift
 - Michael Jackson
- Famous actors
 - Leonardo di Caprio
 - The Rock
- Famous movies/tv shows
 - Marvel and dc comics

- Big bang theory
- Trends
 - Fortnite
 - TikTok
- Play a game called "Which side is American?" *tentative*
 - One ppt slide is split into two halves
 - One side has American stuff and the other has Chinese stuff
 - Explain after each slide

Lesson 2: Education, Transportations, Food, Holidays

EDUCATION SYSTEM

- Elementary school
- Middle school
- High school (SAT & ACT)
- College
- More college

TRANSPORTATION

- Go to school by bus
- Little trains/subway/taxi

FOOD

- Fast food vs sit-down
- Melting pot culture
 - Take food from other places
- Food that America is famous for (basically nothing but still)
 - Burgers, Sandwiches, Steak, etc

HOLIDAYS

- New Year's
- Valentine's day
- St. Patrick's Day
- Easter
- Fourth of July
- Halloween
- Thanksgiving
- Christmas

Lesson 3: Geography

BIG STATES + NC (population, big cities, big colleges, things to do, landmarks)

- North Carolina <3 <3
 - Population: 10 million
 - Big Cities: Charlotte, the Triangle
 - Big Colleges: Duke
 - Things to do: nothing *to be added*
 - Landmarks: nothing *to be added*
- California
 - Population: 39.54 million
 - Big Cities: Los Angeles, San Francisco
 - Big Colleges: Stanford, Berkley + other UC colleges
 - Things to do: Disney Land, Yosemite
 - Landmarks: Golden Gate Bridge
- Texas
 - Population: 28.3 million
 - Big Cities: Houston
 - Things to do: Be a cowboy *to be added*
 - Landmarks: *to be added*
- Florida
 - Population: 20.98 million
 - Big Cities: Miami, Orlando
 - Things to do: Disney World, take a cruise
 - Landmarks: Disney

OTHER NOTABLE CITIES

- New York City
 - Empire State Building
 - Central Park
 - Statue of Liberty
 - NYC is in a lot of movies
- WASHINGTON DC!!!!!!
 - Capital of the US!!!!!!!
 - United States Capitol
 - Mini-lesson on "capital" vs "capitol"
 - White House
 - Lincoln Memorial
 - Washington Monument

Lesson 4: Slang

TEXTING SHORTCUTS

- Lol (and all the different variants)
- ttyl, omw, imo, brb, gtg, omg, smh, ty, idk, idc, irl, asap, jk, k, nvm, l8r, wth, ily, bb, b/c, w/
- Sksksksksk
- Hehehehehehe
- hahahahahaha
- NREUAHCDSHBCAUEFCNSJ

DIALECT

- Ya'll
- ain't
- Soda, pop, coke

OTHER

- A buck, couch potato
- Crash
- @
- wig
- high-key, low-key
- Take the dub, L, popped/go off, flexing
- spill the tea, roasted, fam, dab, yolo, yo, lit, bro, legit, shook
- Bruh, aight, sis
- <https://go.smartling.com/blog/40-american-slang-words-and-phrases-you-need-to-know/>

*We can do this game where we put it on screen and they have to guess what it means

*For each slang word, we will define it and use it in a sentence

Lesson 5: Music

CLASSICAL

- No vocals
- Use instruments like violin, piano
- Beethoven
- Mozart

COUNTRY

- Southern music
- Usually sing with an accent
- Blake Shelton

EDM/ELECTRONIC

- Dance music
- Sounds electronic ._.
- Shrillex

HIP-HOP/RAP

- Like talking, but with rhythm
- Originated in the late 1970s, the Bronx, NYC
- Drake
- Eminem
 - Play that really fast verse in Rap god

HOLIDAY

- Christmas music <3

K-POP

- Recently became very popular in the US
- Usually sing songs in Korean
- BTS

POP

- Probably the most popular music genre among US teens
- "Popular music"
- Ariana Grande
- Katy Perry
- Bruno Mars
- The Beatles + Maroon 5
 - Mini-lesson on "bands"

ROCK

- Very prominent in the 50s, 60s, 70s, not as popular now
- Identified with electric guitars, drums
- Queen

科目二：英语（English）

Taught by: Larry Yuan, Daniel Xie

Lesson 1: Sports

1. We introduce ourselves
2. We go around the room and have people say their names and 3 facts about themselves
3. We go over our presentation about sports
 - Football
 1. Describe what it is
 2. Tell them about the Superbowl
 - Swimming
 1. Talk about Olympic swimming
 2. Talk about Michael Phelps
 - Basketball
 1. Talk about college basketball and NBA and the differences
 2. Talk about Duke vs UNC and
4. We ask the people about the sports in China
 - What sports?
 - Are the chinese teams good?
 - What are your favorite sports to play?

Lesson 2: American lifestyle

1. We give them an example of each of our daily schedules on a regular school day
 - This would include
 1. The schedule
 2. Our hobbies and what we like to do (video games, favourite subject)
 3. Say what we do not like to do (chores, homework)
2. Have some people say their lifestyle and schedule like we stated above
3. Make a t-chart for what they like to do and what they do not like to do
4. Share the t-chart with the class, both us and the students

Lesson 3: Food

1. We show them the presentation we have about food
 - French
 1. We describe what kind of cuisine that it is (more towards savory or sweet, mainly vegetarian or meat, etc.)
 2. Give some examples of the dishes
 3. Describe those dishes and make comparisons to chinese dishes when given the chance
 - Italian
 1. We describe what kind of cuisine that it is (more towards savory or sweet, mainly vegetarian or meat, etc.)
 2. Give some examples of the dishes
 3. Describe those dishes and make comparisons to chinese dishes when given the chance
 - American
 1. We describe what kind of cuisine that it is (more towards savory or sweet, mainly vegetarian or meat, etc.)
 2. Give some examples of the dishes
 3. Describe those dishes and make comparisons to chinese dishes when given the chance
 - German
 1. We describe what kind of cuisine that it is (more towards savory or sweet, mainly vegetarian or meat, etc.)
 2. Give some examples of the dishes
 3. Describe those dishes and make comparisons to chinese dishes when given the chance
 - We can add more if we want
2. We go around the room and ask what the people like to eat

Lesson 4: Educational Games

1. Play pictictionary
2. Teach them how to make a snake with their hands (Because it is cool!)
3. Play hangman
4. Play pictictionary but acting/ Charades
5. Play Human Knot
6. Play their favorite games

We will add more if necessary

Lesson 5: Fun Day/ Review (This one is the one that might change)

1. We review what we learned over the past few days
 - This includes:
 1. Favorite Games
 2. What we learned in the food lesson
 3. What we learned in the sports lesson
 4. What we learned in the American lifestyle lesson
2. Play their favorite games, theirs and what we teach them

科目三：英语口语（English Speaking）

Taught by: Julia Kasper, Matthew Jiang, Andrew Zhen

Lesson 1: Pronunciation Games

1. Greetings (10 minutes)

- Introduce ourselves
- Tell the students our name and favorite food
- Introduce themselves
- Ask for each their names, favorite food, and an interesting fact
- Explanation on why we are here and what they are going to learn
- They are going to learn how to apply their English speaking skills to everyday activities and communications with others
- They will also learn to properly pronounce difficult English words and to properly construct sentences

2. Pronunciation Games

- Listening to english songs (10-15 minutes)
- combination of the 3 or 4 most popular songs currently
- We will give them paper with the lyrics on it or have the lyrics on the board so that they can follow along
- This will teach them pronunciation in a fun way, as well as learning a little bit about the pop culture in America
- Tongue Twisters (10-15 minutes)
- Who can say it the fastest, correctly?
- We will go around the classroom so that every student is able to try the tongue twisters
- Tongue Twisters will allow them to listen to and attempt to recreate the difficult speaking prompts

3. Conclusion

- Ask if they have any questions or if there's anything they want to specifically learn about next class
- If they have anything specific, we can integrate it into our next class' teaching plan.

Lesson 2: Pronunciation Games and Speaking using Minimal Pairs

1. Greetings (10 minutes)

- Re-introduce themselves and ourselves
- Have the students tell us their names, hobbies, and favorite color
- We also answer the same questions

2. Pronunciation Games (10-15 minutes)

- "Odd one out"
- Prepare a list with sets of three to four words that have the same vowel sound, plus one somewhere in the middle that is different. For example, cut, but, nut and put.
- Divide the class into two teams and have them form two lines in front of the board. Write the first set of four words on the board. The students at the front of the line must read the set of words, race to the board once they have identified the word that sounds different and circle it. The first student to circle the odd word scores a point for the team.

3. Speaking using Minimal Pairs (5-10 minutes)

- Examine words in English that are hard to pronounce or have unexpected pronunciations
- Introduce "minimal pairs"
- words that are exactly the same except for one different sound. These can help you target the sounds that your students need to focus on. A simple example would be: "ship" and "sheep"
- Practice with common minimal pairs

Conclusion (10-15 minutes)

- "Run and Grab"
- Write minimal pairs on board and split class into two teams. One from each team goes up and circles the correct word, which is called out.

Lesson 3: Listening and Speaking

1. Greetings (10 minutes)

- Fun questions to get to know one another
- Books or Television? Favorite Day of the Week? How Much Sleep do you get on Average?
- Go over last class' concepts
- Ask students to give an example of a minimal pair that they learned

Listening Activities (5 minutes)

- Watch videos on what English sounds like to non-English speakers:

- https://www.youtube.com/watch?time_continue=137&v=-VsmF9m_Nt8
 - <https://www.youtube.com/watch?v=yU2wkD-gbzI>
 - Show that while real English isn't being spoken, it still sounds like English because of the "melodic pattern" of the language ie. the subtle emphasis placed on certain words and sounds
2. Speaking (5-10 minutes)
- Overview on Sentence Stresses
 - Further examine the subtle stresses on words in a sentence, this is just supposed to make them more aware of this in the future, it takes time to learn.
 - Have students try to imitate a few examples of the "melodic pattern" of sentences. Let them try at first, then correcting them if wrong.
3. Conclusion (10 minutes)
- Minimal Pairs Activity
 - Choose two students at a time, given them a sentence containing a number of minimal pairs and have one of them read it out to the other one to write.
 - Break the class into two teams, one person from each team goes up at a time and writes a word, then has to pronounce it right to get points. The next person has to write a word that starts with the last letter of the previous word.

Lesson 4: Pronunciation Activity

1. Greetings (10 minutes)
- Storytime
 - Each student will say one word, going around the classroom, and this will create a story as we write it out on the board.
 - For example: "The"- "Dog"- "Ran"- "Around"- "The"- "Tree".
 - This will teach them proper grammar through sentence structure and we can correct them as applicable.
2. Pronunciation Activity (10 minutes)
- Talk to Siri
 - Given a few sentences, each student will say one into the phone and we will be able to see if Siri picks up the correct sentence.
 - If Siri does not hear the sentence given, we will explain how to properly pronounce select words that could be difficult to understand.
 - Interpretation Game (10 minutes)
 - Simon says
 - First round: We will be Simon
 - Next few rounds: Student volunteers will be Simon

- This will be an example of how to apply the English speaking grammar and pronunciation, and will give them a chance to use their knowledge in a game
3. Conclusion (10 minutes)
- Charades
 - This will use some of the minimal pairs previously learned
 - Further, this allows the students to develop an understanding of key words and concepts learned in the previous days

Lesson 5: A Debate - Application of All Concepts

1. Greetings (5 minutes)

- Telephone
- A sentence or a phrase will be spoken into one student's ear and passed along throughout the classroom
- The last student to hear the phrase says it out loud, and we see how similar the phrase or sentence was

2. Speaking (5 minutes)

- Tongue Twisters
- This will be to loosen up the students and allow them to get into the English mindset.
- Additionally, this will help them to prepare their English skills and pronunciation for the next activity.

3. Application of All Concepts (20-25 minutes)

- a debate about controversial topics such as...
- Dogs vs. Cats, Should Schools Require Uniforms, Does Technology Allow For More Social Interactions Or Less, etc.
- The class will split into two sides: For and Against the resolution
- Each side will then collaboratively write a 1 to 2 minute speech on why their side should win
- One person from each side will deliver their speeches
- Following this, we will go over the written assignment and correct the grammar and if needed, spelling as well.
- Then, there will be a discussion including the whole class on each side's arguments and standpoints.
- Finally, we will have a majority-winning vote on which side has won the debate.
- This debate allows for the usage of all previous concepts: grammar, pronunciation, correct vowel pronunciation, sentence and word stressors, correct use of minimal pairs, such as from the tongue twisters, and to show the obtained depth of understanding.

科目四：文学与艺术（Literatures and Arts）

Taught by: Elizabeth Huang, Maggie Lin

Literary Arts

Literature from the Past

- Covers well known western play/literature and analyzing content
- Test understanding by paraphrasing
- Discuss words that may not be used as frequently
- Do popcorn reading and playing character roles
- Recognizing literary devices such as metaphors, exaggeration, irony, etc.
- Compare and contrast plays/literature to the Chinese equivalent

Archetypes and Plots

- Analyze common archetypes and how it is used in both ancient and modern literature
- Recognize symbols and the role they play in the literature they are in
- Understand the role the symbol or/and archetype plays in the literature
- Observe and give examples of the same archetypes through different pieces of literature

Creative Speaking and Writing (Optional and Backup)

- Understand how to speak with more fluency such as adding transitions and moving on from simple sentences to more complicated sentence structures such as complex, compound, or complex- compound sentences (Play 2 Truth & 1 Lie Game, Pairing or grouping up in groups to act out a story the students make up)

Class storying writing exercise (if time permits, the whole class can work on one story or each will work on his/her own individual story)

Visual Arts

Ancient Arts

- Covers ancient art/artists from a variety of different cultures and time periods

- Involves analyzing the paintings for techniques, mediums, context to the current event, etc. (i.e. Cave paintings, Greek/Roman architecture, French Revolution paintings, Chairman Mao Portrait, etc.)
- Compare and contrast different styles

Modern Art

- Observes modern day changes in style and Pop Art
- Analyze the impact of art in society today
- Introduce modern artists who are changing the world today
- Incorporates political art, propaganda, etc.
- (I.e. Brexit, Street Art propaganda, etc.)

Personal Art

- Instructs in basic human anatomy
- An assortment of exercises to practice the building blocks and techniques of art
- (I.e. Figure sketching-geometric, linear, spring, Color Theory, etc.)
- Individual art assignments/projects
- Art seminars